



EVERYDAY CURRENT AFFAIRS – MAY 31, 2026

NATIONAL

Govt survey shows improved menstrual hygiene in India

- Use of hygienic methods of menstrual protection among women aged 15-24 years increased from 77.6 per cent in 2019-21 to 79.2 per cent in 2023-24, according to the National Family Health Survey-6 (NFHS-6) released on Friday.
- The increase in use of hygienic methods of menstrual protection has been supported by initiatives such as the Menstrual Hygiene Scheme (MHS) within the Rashtriya Kishor Swasthya Karyakram (RKSK) and the affordable sanitary products under the Pradhan Mantri Bhartiya Janaushadhi Pariyojana.
- The survey also showed that the percentage of women who have used the internet at least once has nearly doubled from 33.3 per cent during the 2019-2021 period to 64.3 per cent in 2023-24.

INTERNATIONAL

India vows to continue in UN peacekeeping team

- India underlined its “unflinching commitment” to UN peacekeeping as it paid homage at a solemn ceremony here to peacekeepers who sacrificed their lives in the line of duty.

- The permanent missions of India and Austria to the United Nations organised a solemn event on Friday on the occasion of International Day of UN Peacekeepers to pay tributes to the supreme sacrifice of the fallen peacekeepers.
- India's Permanent Representative to the UN, Ambassador Harish Parvathaneni, highlighted that "Blue Helmets continue to be the face of the UN in crisis spots in different parts of the world".
- "Salute the UN Peacekeepers whose tireless efforts in the most dangerous settings bring peace and stability around the world. India has an unflinching commitment to UN Peacekeeping and it will continue its efforts towards this noble goal," Parvathaneni said.

STATE

REINFORCING THE RICH STRUCTURE



- ASI officials on Saturday began measurements and assessment work to restore damaged portions of the historic fort wall around the Brihadeeswara Temple. A team led by Sobitha, Senior Conservation Assistant of the temple, along with engineer Umesh and other ASI officials, carried out a full inspection of the fort wall. Approval and allocation of funds, restoration of the damaged sections of the fort wall will begin once the authorities submit a detailed estimate based on the survey.

DEFENCE

India's next Chief of Defence Staff

- Outgoing Chief of Defence Staff Gen Anil Chauhan on Saturday described his tenure as “very satisfying” as he wrapped up a three-year-and-eight-month stint at the top military post, during which he focused on bringing synergy among the three services.
- Lt Gen NS Raja Subramani (retd) will take charge as India’s next Chief of Defence Staff (CDS) on Sunday. “I had a very satisfying and excellent tenure,” the outgoing CDS said after he was accorded a ceremonial tri-services guard of honour.
- Gen Chauhan, a former Eastern Army Commander, took charge as the country’s senior-most military commander in Sept 2022, over nine months after the first CDS General Bipin Rawat died in a helicopter crash in Tamil Nadu.

SPORTS

Indian women bag 10 medals at U17 AWC

- India’s women wrestlers delivered a flawless performance at the U17 Asian Wrestling Championships 2026 in Da Nang, Vietnam, securing a 100% podium finish with an impressive haul of 10 medals -- 2 gold, 3 silver and 5 bronze.
- Diksha (43kg) and Garima (73kg) led the charge, clinching gold medals with dominant victories in their respective finals, underlining India’s growing strength at the youth level. India added three silver medals through Nikita (49kg), Antra (65kg) and Taniya (69kg). Taniya finished runner-up after a hard-fought final against Khadisha Flyuk, while Nikita and Antra also settled for silver medals after losing their respective title bouts.
- The bronze medal tally featured Palak (40kg), Anamika (46kg), Akshra (53kg), Sakshi (57kg) and Manya (61kg), all of whom secured podium finishes with strong performances. The impressive medal haul highlights India’s depth and consistency in women’s wrestling at the age-group level, reinforcing its status as a dominant force

IMPORTANT DAYS

World No Tobacco Day, 1987

- World Health Organisation has designated May 31 as 'World No Tobacco Day'.
- The day is celebrated to inform people about the severe side effects of consuming tobacco.
- The day raises awareness about the harmful effects of tobacco use and encourages people worldwide to quit smoking and other forms of tobacco consumption.

