



- Bollywood actress Kareena Kapoor Khan has been appointed as the National Ambassador for UNICEF India.
- This prestigious role comes as a recognition of her long-standing association with the organization since 2014, where she has served as a Celebrity Advocate.

AWARDS

- International Newspaper Design Competition
- ✓ In a remarkable feat, The Hindu secured three prestigious awards at the 6th International Newspaper Design Competition organized by newspaperdesign.in.



The accolades were garnered for their exceptional explainer page titled "The science behind Neeraj's skills," shedding light on Neeraj Chopra's remarkable journey and success in athletics.

IMPORTANT DAYS

International No Diet Day: May 06

✓ International No Diet Day was first observed in the United Kingdom.

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- ✓ The first No Diet Day was held on 5 May 1992.
- ✓ It is an annual celebration dedicated to the importance of body acceptance, diversity, and respect for all body shapes and sizes.
- ✓ In 1992, Mary Evans started International No Diet Day to teach people the importance of body positivity.

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