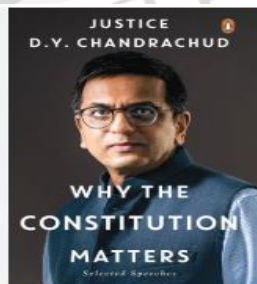


EVERYDAY CURRENT AFFAIRS – SEPTEMBER 23, 2025

BOOKS & AUTHORS

➤ Why the Constitution Matters

- ✓ Former Chief Justice of India DY Chandrachud's debut book, *Why the Constitution Matters*, published by Penguin Random House, explores how constitutional values like justice, equality, liberty, and human rights shape the everyday lives of Indians.



- ✓ The book highlights themes such as judicial interpretation, democratic engagement, secularism, and the role of the judiciary in protecting fundamental rights—making it both a thought-provoking and accessible read for the general public.

IMPORTANT DAYS

➤ International Day of Sign Languages – September 23

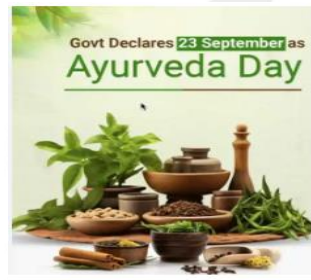
- ✓ The International Day of Sign Languages (IDSL) is observed globally every year on September 23, recognized by the United Nations to raise awareness about the importance of sign languages for deaf and hard-of-hearing communities.



- ✓ The 2025 theme, “Sign Language Unites Us,” emphasizes breaking communication barriers and fostering inclusive societies.

➤ **Ayurveda Day – September 23**

- ✓ Ayurveda Day 2025 will be celebrated on 23rd September for the first time, replacing Dhanteras as its fixed date, as announced by the Ministry of Ayush on 23rd March 2025.



- ✓ The theme, “Ayurveda for People and Planet,” highlights Ayurveda’s role in preventive healthcare, sustainability, and ecological harmony, marking a historic step in enhancing its international recognition.

